

CURRICULUM VITAE

PETER A. CRIST, M.D.

Date of birth: 9/15/49

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Work-life consulting website: <http://ergonexusllc.com>

Education:

High School:

Granville High School, Granville, Ohio

Undergraduate:

Lewis and Clark College, Portland, Oregon, 9/65-12/66

Biology Major

Honors: Elected to Adignos (academic honor society) in
Biology, 6/66

San Fernando Valley State College (SFVSC), Northridge, CA, 9/68-6/69

Biology Major

Honors: Dean's Honor List, fall 1968 and spring 1969

UCLA, Los Angeles, CA, 1/70-6/72,

A.B. Zoology, June 1972

Honors: Honor Program, Dean's Honor List, winter and
spring 1972

Medical School:

UC Davis School of Medicine, Davis, CA, 9/73-8/75

Honors: Won Honorable Mention (3rd prize) in Alfred A. Richman
Essay Contest sponsored by American College of Chest Physicians
(ACCP) Attended ACCP Convention, New Orleans, November,
1974

UCLA School of Medicine, Los Angeles, CA 8/75-6/77
M.D., June 1977

Work Experience Prior to Medical School:

1967: Recreation Director and Counselor, The Farm School, Gualala, CA

1968: Fire Control Aid, U.S. Forest Service, Saugus, CA

1968-1969: Lab Assistant in Genetics, Dept. Biology, SFVSC, Northridge, CA

1969: Lab Assistant, Dept. Neuropathology, L.A. County-USC Medical Center, Los Angeles, CA

1970-1971: Lab Assistant, Div. Dermatology, Dept., Medicine, UCLA School of Medicine, Los Angeles, CA

1971: Histopathology Technician, Hummer Laboratories, Santa Monica, CA

1971-1972: Lab Assistant, Dept. Psychiatry, Brain Research Institute, UCLA School of Medicine, Los Angeles, CA

1973: Pulmonary Physiologist and Chief Technician, Pulmonary Function Laboratory, Wadsworth, VA Hospital, Los Angeles, CA

Professional Training:

PGY I Straight Medical Intern, 7/1/77-6/30/78, St. Vincent's Hospital, New York, NY

PGY II Junior Medical Resident, 7/1/78-6/30/79, St. Vincent's Hospital, New York, NY

PGY III Senior Medical Resident, 7/1/79-6/30/80, Sepulveda V.A. Hospital, Sepulveda, CA

PGY II Resident in Psychiatry, 9/15/80-6/30/81, Institute of Mental Health Sciences, Department of Psychiatry, UMDNJ-Robert Wood Johnson Medical School, Piscataway, NJ

PGY III Resident in Psychiatry, 7/1/81-6/30/82, Institute of Mental Health Sciences, Department of Psychiatry, UMDNJ-Robert Wood Johnson Medical School, Piscataway, NJ

PGY IV Resident in Psychiatry, 7/1/82-6/30/83, Institute of Mental Health Sciences, Department of Psychiatry, UMDNJ-Robert Wood Johnson Medical School, Piscataway, NJ

Additional postgraduate training:

Training in character analysis and medical orgonomy, 5/78-10/83, and continuing education 10/83-present, American College of Orgonomy, Princeton, NJ

Licensure:

New Jersey #37893, 7/17/80

Certifications:

Certified in Internal Medicine by the American Board of Internal Medicine, 9/9/80

Certified in Medical Orgonomy by the American Board of Medical Orgonomy, 11/13/83

Certified in Psychiatry by the American Board of Psychiatry and Neurology, 10/84

Current Positions:

President, Peter A. Crist, MD, LLC, 9/04-present
(Private practice, sole practitioner, 7/83-8/04)

President and CEO, *ergonexus* LLC, a work-life consulting practice for individuals and organizations, 10/07-present

President, American College of Orgonomy, Princeton, NJ, 11/03-present

Training Faculty (see detailed description below), American College of Orgonomy, Princeton, NJ, 11/82-present

Multiple other administrative and academic positions (see below), American College of Orgonomy, Princeton, NJ, 11/82-present

Positions with the American College of Orgonomy:

President, American College of Orgonomy, Princeton, NJ, 11/03-present

Past President, 10/91-10/98

Faculty of training program for medical orgonomists that conducts post graduate training seminars for psychiatrists and physicians:

Introductory Didactic Training Seminar, 11/82-present

Referral Service Seminar, 3/88-9/97

Beginning Phases of Orgone Therapy Seminar, 7/91-present (in absence of Director)

Advanced Technical Seminar, 10/91-9/95 (in absence of Director)

Character Analytic Seminar, 9/95-present

Training therapist, 7/85-present

Clinical tutor of therapists in training, 9/89-present

Chairman Social Orgonomy Training Subcommittee, 4/01-present

Faculty of training program in social orgonomy which trains a wide range of qualified professions including therapists such as social workers, family therapists and psychologists, as well as others in business, education and other organizational settings to apply bioenergetic principles of relationships and social structures to overcome social disturbances and to improve healthy functioning in families, work organizations and society at large.

Introductory Didactic Training Seminar, 10/01-present

Training therapist for social orgonomy trainees, 10/01-present

Individual tutor of social orgonomists in training, 10/03-present

Social orgonomy case presentation seminar, Co-director with two others since its inception, 10/10 - present

Director and Instructor of the Introductory and Advanced Laboratory Workshops in Orgone Biophysics:

Lecturer and laboratory instructor 5/83-10/86

Director, lecturer and laboratory instructor 10/86-present

Member of the editorial staff of *The Journal of Orgonomy*

Copy editor, 6/81-1/93
Assistant Editor in Biological Sciences, 1/93-present

Member, Business Advisory Board, 4/01-present and chairman since 11/03.

American Board of Medical Orgonomy
Member 10/84-present
Secretary/Treasurer 10/90-present

Director, Reduced Fee Referral Service, 10/90-7/01

Coordinator, Reich Blood Test Service, 10/89-7/94

Numerous other committee memberships and chairmanships

Previous Academic Positions:

Associate Clinical Professor, Dept. Of Psychiatry, UMDNJ-Robert Wood Johnson Medical School, Piscataway, NJ, 7/83-6/98 Conducted didactic seminar, "Introduction to the Dynamics of the Patient's Character and Emotional Life," for medical students on third year clinical clerkship, clinical supervisor of psychotherapy cases of PGY-III resident in psychiatry, supervisor of clinical elective for PGY-IV resident in family medicine, 7/83-6/97, was on the Consultation-Liaison Service at Robert Wood Johnson University Hospital, New Brunswick, NJ, conducted didactic seminars and attending rounds in psychiatry for third and fourth year medical students, first and fourth year psychiatry residents and second year family medicine residents.

Memberships:

Member American College of Orgonomy in Medical Sciences 10/84

Fellow American College of Orgonomy in Medical Sciences 6/93

Awards:

Volunteer Faculty excellence in teaching award, UMDNJ-Robert Wood Johnson Medical School, New Brunswick, NJ 1/15/95

Guest Lectures, Presentations, and Seminars:

New York University, School of Continuing Education, Division of Liberal Studies, "The Life and Work of Wilhelm Reich"

Fall semester: Part I, "Introduction to Scientific Orgonomy" spring semester: Part II, "Social Orgonomy"

"The Bions and the Discovery of the Biological Orgone Energy," 10/26/83

"The Bioelectric Experiments, the Bions, and the Discovery of the Biological Orgone Energy," 10/24/84

"Human Sexuality and Human Relationships," 3/20/85

"Children of the Future," 3/27/85

Course Wrap-up Panel discussion, 5/15/85

Community College of Philadelphia, "Wilhelm Reich: The Science of Orgonomy," Philadelphia, PA

"Somatic Biopathies," 4/23/86

East Stroudsberg State University, Department of Psychology, "The Works of Wilhelm Reich," East Stroudsberg, PA, 1984-1986, 1988, 1991

Northampton Community College, Center for Adult Learning, "Medical Orgone Therapy: Treat Psychiatric Illness Without Medication," Bethlehem, PA

"Family Therapy, Marital Therapy and a Look at Relationships," 9/30/03

"Somatic Biopathies," 5/5/05

"Somatic Biopathies," 11/7/05

"Somatic Biopathies," 4/24/06

Farleigh Dickinson University, Department of Psychology "Bioenergetic Principles of Relationships," Madison, NJ, 7/2/07

Wilhelm Reich Museum, "Wilhelm Reich in the 21st Century: 2007 International Conference on Orgonomy," Saddleback Mountain & Orgonon, Rangeley, Maine, 9/20-21/07

"Bioenergetic Principles of Orgonotic Contact: Their Application to Medical and Social Orgonomy," 7/30/07

“Excerpts from the film *Right From the Start*, with commentary,” 7/30/07

“Panel discussion,” 7/30/07

“Some Notes on the Reich Blood Tests and a Report on Workshops in Orgone Biophysics,” 7/31/07

“Panel discussion,” 7/31/07

Cook College, Rutgers University, Department of Plant Biology & Pathology, “Bioenergetic Principles of Contact in Functional Farming” in the course, “Principles of Organic Crop Production,” New Brunswick, NJ, 12/3/07

Catherine Fitzmaurice’s VoiceWorks training program, “The Expressive Language of the Living: An Exploration of Wilhelm Reich’s Theories in the Performing Arts,” New York, NY, 6/27/08

Catherine Fitzmaurice’s VoiceWorks training program, “The Expressive Language of the Living: An Exploration of Wilhelm Reich’s Theories in the Performing Arts,” New York, NY, 7/18/09

Presentations, American College of Orgonomy Conferences and Symposia:

“The Work of Wilhelm Reich: Orgonomy”, Arlington, Maryland, 11/10/84
“Orgonomic Medicine”
Discussion Group leader
Panel discussion member

“Energetic Development and Treatment of Children,” Berkeley, California, 11/6/88
“Development of Character”
Lecture
“Orgone Therapy of Children”
Lecture
Panel discussion member

“Children of the Future,” Princeton, NJ, 4/23/89
Co-Director
“Development of Character”
Lecture
“Orgone Therapy of Children”
Lecture
Discussion Group leader

“Childbirth and the Emotionally Healthy Child” a conference with Dr. Michel Odent, Princeton, NJ, 5/5/91

“A Perspective on the Future Child”

Lecture

Panel discussion member

Presentations, American College of Orgonomy Annual Dinner, Princeton, NJ:

“Wilhelm Reich’s Legacy: Bombshells in Science”

11/3/07

Presentations, American College of Orgonomy Annual Scientific Meetings, Princeton, NJ:

“A Radical Look at Verbal Language: Toward a True Functional Linguistics,” 10/15/89

“Bioenergetic Differentiation of Psyche from Soma and the Bioenergetics of Psychic Structures,” 10/7/90

“The Patient-Therapist Relationship: Transference, Countertransference and Emotional Resonance,” 10/6/91

“The Bioenergetic Relationship Between Sexuality and Work,” 10/3/92

“Family and Couples Therapy as Biosocial Therapy: Theory and Practice,” 10/2/93

“Dynamic Interactions in a Case of Marital Therapy,” 10/1/94

“Medical Orgonomy in the Modern Age of Psychiatry and Medicine,” 10/1/95

“How Does Medical Orgone Therapy Compare with Other Treatment Methods?,” 10/6/96

“The Historical Development of Wilhelm Reich’s Work,” 9/28/97

Lecture in the ACO Wilhelm Reich Centenary Conference

“Problems of Childhood Self-regulation in an Age of Permissiveness”

Lecture in the ACO Scientific Meeting “On Infants and Children,” 9/27/98

ACO Scientific Meeting on “Treatment of Adolescent Turmoil in the Current Social Breakdown,” 10/24/99

Panel discussion member

“Coming Off Medication and Coping with Anxiety Through Therapy,”
10/15/00

“An Adolescent Comes Out of the Fog of Marijuana,” 10/19/03

“Can Migraine Headache be Treated Without Medications?” 11/4/07

Presentations, American College of Orgonomy Social Orgonomy Series,
Princeton, NJ:

“Bioenergetic Principles of Love, Family, and Work Relationships,” 2/3/07

“More Principles of Relationships: A Mini-Workshop,” (two sessions)
3/31/07

“What is the Emotional Plague: An Introduction,” 2/2/08

“What is the Emotional Plague: An Introduction,” 3/3/08

“The Many Faces of Evil: Current Examples of the Emotional Plague,”
group presentation with Virginia Whitener, Ph.D. and Dee Apple, Ph.D,
4/5/08

“An Introduction to the Emotional Plague and its Characteristics,” with
Edward Chastka, M.D., and Charles Konia, M.D. as part of “The Emotional
Plague and Politics: an Open Forum with Charles Konia, M.D.,” 10/4/08

“An Introduction to the Emotional Plague and its Characteristics,” with
Edward Chastka, M.D., and Charles Konia, M.D. as part of “The Emotional
Plague and Politics: an Open Forum with Charles Konia, M.D.,” 10/11/08

“Text, Phone, or Talk: Communication Confusion in an Our Electronic
Age,” 10/3/09

“Is the Doctor Really In? Today's Doctor/Patient Relationship - Making
Each Visit Count” with Edward Chastka, M.D., 2/5/11

“Burned But Not Forgotten: U.S. Government Suppression of Wilhelm
Reich's Work,” 10/1/11

“Fathers: A Forgotten Natural Role,” 6/2/12

“Are You Satisfied With Your Work Life,” 2/2/13

“Personal Relationships in the Digital Age” with Virginia Whitener, Ph.D.
and Dee Apple, Ph.D., 4/6/13

“Are You Satisfied with Your Work Relationships?” 4/5/14

“There Must be More to Life,” with Philip Heller, M.D. and Dale Rosin, D.O., 5/31/24

“Negotiating Work Politics,” 1/31/15

“Balancing Work and Love,” 2/6/16

“*All People Great and Small*: Readings by Peter A. Crist, M.D.,” 2/3/18

“Problems with Marijuana: An ACO Sponsored Forum,” 10/6/18
Welcome, opening remarks and panel discussion moderator

Presentations, American College of Orgonomy, A Different Kind of Psychiatry:
ACO Clinical Case Presentation and Discussion Series, Princeton, NJ:

“An Adolescent Comes Out of the Fog of Marijuana,” 11/17/18

Presentations, American College of Orgonomy, Directed Readings Course,
Princeton, NJ:

“Origin of Armor: Clues from Wildlife Studies,” 2/22/89

“Music as Expression,” 5/30/90

“The Relationship Between Orgonomy, the Public, and the World,” 9/26/90

Presentations, American College of Orgonomy, Public Half-day Seminar
Discussion Group Series, Princeton, NJ:

“Couples and Families: Satisfactions and Problems,” 3/9/96

“Children: Handling Problems of Development,” 8/3/96

Presentations, American College of Orgonomy, Small Group Discussion Series,
Princeton, NJ:

“Are You Satisfied with Your Work Relationships?,” 5/18/14
Small Group Discussion Moderator

“Workshop on Work-Related Topics,” 3/8/15
Small Group Discussion Leader

Presentations, American College of Orgonomy, ACO Movie Night and Open Discussion Series, Princeton, NJ

The King's Speech, 11/16/12
Discussant

Juno, 2/22/14
Discussant

The Pursuit of Happyness, 7/21/18
Discussant

Lectures and seminars sponsored by the Hellenic Orgonomic Association in Greece

Athens, Greece
"Pleasures and Frustrations of Love and Work," 11/12/94
Public lecture

Thessaloniki, Greece,
"Pleasures and Frustrations of Love and Work," 11/15/94
Public lecture
"Somatic Biopathies," 11/16/94
Seminar

"Childhood Sexuality," 11/17/94
Seminar

Samothrace, Greece,
"Children," 8/5/95
Seminar

"Couples," 8/6/95
Seminar

"Families," 8/7/95
Seminar

Academic Advisor:

Co-Advisor to Martin Goldberg, who earned a Master of Science in Organization Development, with a thesis entitled "Work Energy and the Character of Organizations: An Orgonomic Framework for Organization Development," School of Business and Management, Pepperdine University, Malibu, CA, 4/87-12/88

Publications:

Book Chapter:

“Medical Orgone Therapy,” in *The Illustrated Encyclopedia of Body/Mind Disciplines*, Nancy Allison (Editor): New York, Rosen Publishing Group, 1999, (Co-authored with Richard Schwartzman, D.O.)

Articles:

“A ‘Problem’ Child,” *The Journal of Orgonomy*, 18(1): 1984

“Radiation Victims and the Reich Blood Test” (Blasband et al), *The Journal of Orgonomy*, 24(1): 1990

“Nature, Character and Personality (Part I),” *The Journal of Orgonomy*, 27(1): 1993

“What is Science? An Introduction and Overview,” *The Journal of Orgonomy*, 27(2): 1993

“The Biosocial Basis of Family and Couples Therapy,” *The Journal of Orgonomy*, 27(2): 1993

“A Dramatic Visual Reaction to Anxiety,” *The Journal of Orgonomy*, 28(1): 1994

“Motivation for Therapy: Two Cases,” *The Journal of Orgonomy*, 28(2): 1994

“Medical Orgone Therapy of a Post-Traumatic Stress Disorder,” *The Journal of Orgonomy*, 28(2): 1994

“Character-Analysis in the Medical Orgone Therapy of A Two Year Old,” *The Journal of Orgonomy*, 29(1): 1995

“Impulsivity and Its Bioenergetic Relationship to ADHD,” *The Journal of Orgonomy*, 29(2): 1995

“Couples and Families: Satisfactions and Problems,” *The Journal of Orgonomy*, 30(2): 1996

“Problems of Childhood Self-regulation in an Age of Permissiveness,” *The Journal of Orgonomy*, 32(1&2): 1999

"Coming Off Medication and Coping with Anxiety Through Therapy," *The Journal of Orgonomy*, 35(2): 2001

"An Adolescent Comes Out of the Fog of Marijuana," *The Journal of Orgonomy*, The Journal of Orgonomy, 36(2): 2002

"An Overview of the Biopathic Diathesis," *The Journal of Orgonomy*, 37(1): 2003

"Impulsivity and Its Bioenergetic Relationship to ADHD," *The Journal of Orgonomy*, 37(2): 2003 (Reprint of 1995 article)

"An Overview of the Hyperthyroid Biopathy: Update and Analysis," *The Journal of Orgonomy*, 38(2): 2004

"The Biosocial Basis of Family and Couples Therapy," *The Journal of Orgonomy*, 40(2): 2006 (Reprint of 1993 article in 40th Anniversary, "Advances in Orgonomy II" issue)

"Can Migraine Headache be Treated Without Medications?," *The Journal of Orgonomy*, 41(2): 2007

"Wilhelm Reich's Legacy: Bombshells in Science," *The Journal of Orgonomy*, 41(2): 2007

"What is the Emotional Plague? A Brief Introduction," *The Journal of Orgonomy*, 42(2): 2009

"Problems of Childhood Self-regulation in an Age of Permissiveness," *The Journal of Orgonomy*, 46 (2): 2013 (Reprint of 1999 article)

"Fathers: A Forgotten Natural Role," *The Journal of Orgonomy*, 46(2): 2013

"Spontaneous Movement in Nature: An Everyday Example," *The Journal of Orgonomy*, 47(2): 2014

"What Does Orgonomy Bring to Working with Couples," *The Journal of Orgonomy*, 48(1): 2014

"Clinical Brief: The True Basis of Resurrection," *The Journal of Orgonomy*, 48(1): 2014

"Medical Orgone Therapy: Historical and Social Context," *The Journal of Orgonomy*, 48(2): 2015

“There Must Be More to Life,” *The Journal of Orgonomy*, 48(2): 2015

“Problems of Childhood Self-regulation in an Age of Permissiveness,” *The Journal of Orgonomy*, 50 (1): 2017 (Revised version of 1999 article in 50th anniversary child therapy issue)

“An Adolescent Comes Out of the Fog of Marijuana,” *Journal of Orgonomy, The Journal of Orgonomy*, 50(1): 2017 (Revised version of 2002 article in 50th anniversary child therapy issue)

“Coming Off Medication and Coping with Anxiety Through Therapy,” *Journal of Orgonomy, The Journal of Orgonomy*, 50(2): 2017 (Revised version of 2001 article in 50th adult therapy anniversary issue)

Book Reviews:

“Children of the Future, by Wilhelm Reich,” *The Journal of Orgonomy*, 18(1):1984

“Pregnancy, Childbirth, Childhood, and Parenting: A Suggested Reading List With Commentary,” *The Journal of Orgonomy*, 20(1): 1986

Film Credits:

Room for Happiness (documentary about medical orgone therapy), DVD, color, directed by Dick Young, American College of Orgonomy, Released, 12/15/04

Right from the Start (documentary about therapy of infants), DVD, color, directed by Dick Young, American College of Orgonomy, Released, 12/15/04

Podcasts:

Orgonomy Podcast Number One. The first part of a talk that is an overview of Wilhelm Reich's work and scientific discoveries. 6/16/07

Orgonomy Podcast Number Two. The second and final part of the talk featured in Orgonomy Podcast Number One. 6/30/07

Orgonomy Podcast Number 10, features a radio interview with station KION in California on the fiftieth anniversary of Wilhelm Reich's death. 2/3/08

Non-Academic Activities:

Undergraduate:

Member of Lewis and Clark College Creative Writing Group, poems published in the school newspaper and *The Genesis*, the Lewis and Clark College, faculty and student creative writing magazine, 1966

Editor and staff writer for *Open Campus*, an independent newspaper at SFVSC, 1968-1969

Active in student politics at SFVSC and UCLA, 1968-1972

Medical School:

Member of Medical School Admissions Committee, 1973-1975, UC Davis
Representative to Dean's Planning Committee for Annual Awards Banquet, UC Davis

During Training Years:

Member House staff Council and Editor of house staff newsletter, 1978-1979, St. Vincent's Hospital, New York, NY

Memberships:

Music for People, a nonprofit educational organization devoted to promoting self-expression through music and improvisation, Keene, NH

Member founding Board of Directors, 7/89-10/92

Vice President of the Board and Chairman of Board Development Committee, 10/89-10/91

Member Advisory Board, 10/92-12/95

Other interests include writing (the first of four volumes of *All People Great and Small*, a collection of memoir stories, is complete), acting and writing for the stage, (professional stage debut as writer and actor, 2/11/05 at Triangle Theater, Philadelphia, PA), singing (choral, operatic, musical theater, and Gilbert & Sullivan), tennis, photography (petercrisphotography.com), linguistics, history, gardening, water feature design and building, and enjoyment of nature.